

TO: Athletic Directors
FROM: Ben W. Nelson, I.S.C.
CONC: Life of an Athlete Training – May 13, 2009

This is a reminder of the Life of an Athlete Training on May 13th @ Susquehanna Valley High School, registration starts at 8:30 am program is 9:00 am to 12:00 noon. This is Year 5 “Putting it All Together – Stakeholders Unity” presented by John Underwood.

*This meets the NYSPHSAA Chemical Health Mandate and all Section IV Member schools are required to send their Athletic Director or representative and **two** students to this training it is suggested that the students be sophomores and juniors. We also encourage that your Superintendent and High School Principal attend this workshop.*



*Life of an Athlete – Year 5 “Putting it All Together – Stakeholders Unity”
May 13, 2009 @ Susquehanna Valley HS*

School Name _____

PLEASE ONLY FILL IN THE SPACES FOR THOSE THAT WILL BE ATTENDING THE WORKSHOP:

Athletic Director _____

Superintendent _____

High School Principal _____

Student Representatives _____

PLEASE RETURN THIS TO THE SECTION IV OFFICE NO LATER THAN FRIDAY, MAY 8TH.

Section IV Athletic Association, 21 Liberty Street – Civic Center Box 7, Sidney NY 13838 or Fax# 607-561-2344.

Enclosure – Information
Sheet

**NYSPHSAA CHEMICAL HEALTH MANDATED WORKSHOP
LIFE OF AN ATHLETE**

YEAR FIVE

Putting It All Together—Stakeholders Unity

8:30-9: **Registration**
9-11:30 **John Underwood**
11:30-12 ***Summary and discussions***

Each School is asked to bring a High School Administrator as well as the Athletic Director.

The workshop brings to a closure our 5 year plan. The workshop shows you how to bring your entire athletic program together. It will help increase communication between administrators, coaches, athletes and parents. It will help student leaders in leading their teams as well as intentionally engaging the broader school community. It will show you how the power of a program of excellence in athletics will prepare athletes for life after high school and decrease student involvement in at-risk behaviors.

Each school will also receive a CD with materials that can be used to do presentations at the board meetings as well as meetings with parents and the community.

This workshop will cover the State Chemical Health Mandate.

If we have enough interest in a student leadership workshop, John will bring an associate with him to train the athletes. Please let us know ASAP if you will be bringing athletes so we can schedule this workshop. It is suggested to bring sophomores and juniors plus at least one coach.